

Directions to Registration Points:

Friday: El Sinaloense Mexican Restaurant, 400 Scruggs Road, Suite 1400 Moneta VA 24121. Registration is in the group room in the back corner (near the restrooms).

From I-81 take exit 141, and follow I-581. Take exit 6, Elm Avenue, and turn left onto Elm Avenue. Follow it for 2.7 miles and past the McDonald's, in 6/10ths of a mile, keep right to stay on Hardy Road. In 15 miles, at the traffic circle, take the second exit onto VA-122 (Booker T. Washington Highway). In 2.3 miles, just past the Lake Inn, turn right on Scruggs Road. In 1/2 of a mile, El Sinaloense is on your right.

Saturday: Smith Mountain Lake State Park, Discovery Center, 1235 State Park Road, Huddleston VA 24104. Registration is at the picnic tables to the left of the Discovery Center.

From I-81 take exit 141, and follow I-581 for several miles. Take exit 6, Elm Road, and turn left onto Elm Road. Follow it for 2.7 miles and past the McDonald's, in 6/10ths of a mile, keep right to stay on Hardy Road. In 15 miles, at the traffic circle, take the second exit onto VA-122 (Booker T. Washington Highway). In about 6 miles you will cross over the Lake at the Halesford bridge continue to "Downtown Moneta" about 4 miles, turn right on White House Road, at the "Smith Mountain Lake" sign. In 6 miles, White House Road dead-ends. Turn right on Smith Mountain Lake Parkway. In 2.2 miles, turn right into the Park. Follow the park entrance road to the Visitor's Center. Turn left on Interpretative Trail Road and drive to the far end, to the Discovery Center.

Saturday: Vinny's Italian Restaurant, 16547 Moneta Road, Moneta VA 24121. As you enter the restaurant, turn right into the bar area and find registration in the private room in the back.

Follow directions above to the State Park. Vinny's is on the left about .6 miles once you cross the Halesford Bridge.

Parking: There is plenty of free parking at registration and at the guided walks.

Lunch - Saturday October 3. After the State Park walk, it's convenient to have lunch at Alessandro's Pizzeria and Grill. <https://alessandropizzeria.com/>. Or drive to Westlake where there are numerous restaurants close to the afternoon walk.

Happy Hour and Dinner: Friday and Saturday evening, at the registration points there will be a Happy Hour and the opportunity for dinner. Saturday night the group dinner at Vinny's begins at 6:00 pm. All food and beverage is separate checks. Please let us know if you want dinner either night, so we can let the restaurant know how many to expect.

El Sinaloense Website: [Menu](#).

Vinny's Website: [Menu](#)

Hotel Reservations may be made at the Lake Inn, 40 Enterprise Lane, Hardy VA 24101, (540) 721-3383 at the rate of \$90 to \$100 per night. Website: <https://lakeinnhardy.bookonline.com/hotel/lakeinn-hardy> Email: Smllakeinn@gmail.com. To get this discounted rate, speak to General Manager Sam. Tell him exact dates and that you are with Ron Jones and the SML Walking Club. Free coffee only (no breakfast). Other lodging is mentioned on the SML Info Sheet (Distributed with flyer).

First Annual Lake Walkabout Weekend



**Friday, Saturday, Sunday
October 2, 3, and 4, 2026
Sponsored by the Smith Mountain Lake
Walking Club AVA-0995**



Lake Walkabout Weekend

DATES: Friday, October 2 thru Sunday, October 4, 2026

SPONSOR: Smith Mountain Lake Walking Club, AVA-995

SANCTIONED BY: This event is sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports. This event counts towards the acquisition of IVV Achievement awards.

PROCEDURE: AVA policy requires that every participant sign the physical activity waiver. No start card will be issued, as all walks are guided or available thru the Online Start Box (OSB).

ELIGIBILITY: Everyone is welcome to participate. Children 12 and under must be accompanied by an adult. Walk at your own pace. Runners are welcome!

REGISTRATION and FEES: It is club policy to collect \$4 per walker per event, whether or not you want IVV credit. The pre-registration package of \$18 includes the three guided walks plus a club patch. You may pre-register for the three guided walks and the optional fourth guided walk (\$4) on Friday. There will be no refunds.

CONDITIONS: The event will be held regardless of the weather. Please refrain from littering. Do not disturb wildlife and plant life. Pets must be on a leash at all times.

AWARD: There is no "A" Award, but you may purchase the club patch.

RESTROOMS: Restrooms are available at registration, and the start/finish of the two Saturday guided walks and optional Friday guided walk. The Sunday guided walk does not have a restroom at the start/finish, so plan accordingly.

REFRESHMENTS: Water and hard candy will be available at registration and at the guided walks.

DISCLAIMER: The American Volkssport Association or its subsidiary clubs are not responsible for theft or loss of personal belongings or property. All participants must sign a waiver.

FOR MORE INFORMATION: Ron Jones, 1485 Dudley Amos Road, Moneta VA 24121 Cell phone (703) 217-3140. Email: wanderingron@myyahoo.com

WEBSITE: <https://smlwalkingclub.org/>

REGISTRATION FOR WALKS: There is no hotel registration point, however, there are multiple opportunities to register. Friday October 2 from 4-7 pm at El Sinaloense Mexican Restaurant. Also Saturday October 3 from 9-10 am, just prior to the walk at the Discovery Center at Smith Mountain Lake State Park. Also Saturday October 3 from 4-7 pm at Vinny's Italian Restaurant. All walks are also in the OSB. We will have physical stamps available for all walks at the registration points.

Optional Friday Guided Walk, Bedford 11 am. To be sanctioned - Has a Love Sign!.

Saturday Guided Walk, Smith Mountain Lake State Park, 1235 State Park Road, Huddleston VA 24104, 10 am, AVA Event #Y3296, 5K & 10K Trails, Rated 2C

The Jewel of the Blue Ridge Mountains! Walk starts at the Discovery Center in the park. Park website is: <https://tinyurl.com/yc4fz2n3>. Please note there is a \$7 park entrance fee. Trails have roots and rocks, so bring hiking poles if you need them for rough terrain. 5 km trail takes you past a picturesque tobacco barn and winds along the shore, crossing to Turtle Island. The 10km follows a loop around Chestnut Ridge, where chestnut trees have been introduced.

Special Programs: Par-For-The Course, Anniversaries Hurrah.

Saturday Guided Walk, Booker T. Washington National Monument, 12130 Booker T Washington Highway, Hardy VA 2 pm, AVA Event #Y3886 5K & 10K Trails, Rated 2A

This walk starts at the National Monument, which is free to visit. The guided walk gathers at the picnic table on the left, in the parking lot. See the boyhood home of Booker T. Washington, famed black educator. Walk thru hay fields, forested trails & a reconstructed 1850s farm. There is a tick advisory, so cover up and use DEET or an insect repellent. *Special Programs: Par-For-The Course, Anniversaries Hurrah.*

Sunday Guided Walk, Lovely Valley Trail, 581 Lovely Valley Road, Wirtz VA 24184. 10 am AVA Event #3815, 5K & 10K Trails, Rated 2C

The name says it all! Meet in the gravel parking lot. Trail is heavily wooded and follows a developed rough path which crosses a creek using two bridges. Trails have roots and rocks so bring hiking poles if you need them for rough terrain. There are benches to rest along the trail. Good example of an undisturbed climax forest with many mature native Virginia trees. The parking lot has beautiful views of the Blue Ridge Mountains. There is a tick advisory, so cover up and use DEET or an insect repellent. *Special Programs: Par-For-The Course, Anniversaries Hurrah.*

SIX YRE TRAILS. Register in the OSB, or sign up at registration to get a physical stamp. More will be sanctioned by the time of the Walkabout!

Franklin County: Find the Love in Rocky Mount VA. Y3885
Roanoke County: Find the Love in Vinton VA. To be sanctioned
Roanoke County: Hanging Rock / Hinchee Trails Y3891
Roanoke City: Roanoke River Greenway. Y3884
Roanoke City: Fishburn Park. Y3826
Allegheny County: Find the Love in Clifton Forge Y3892

1st Annual Lake Walkabout Weekend October 2,3,4, 2026



Pre-Registration & Payment Form

Item	Quantity	Price Each	Total
Weekend Package 3 Guided Walks (Sat & Sun) and Club Patch.		\$18.00	
Optional Friday Guided Walk Find the Love in Bedford VA Friday 2 October – 11 AM		\$4.00	
Total			
To ensure proper wait staff and seating, please indicate if you plan to attend the following no-host / separate check events.			
Event	Yes	No	Total # People
Friday Meet and Greet/Dinner/Registration 4-7 PM El Sinaloense Mexican Restaurant			
Saturday Dinner 6 PM Vinney's Italian Restaurant			

Please Complete:

Name(s)			
Address			
Phone		E-mail	

Payment Options:

Check payable to “Smith Mountain Lake Walking Club”. Mail check and registration form to <i>Ronald Jones</i> 1485 Dudley Amos Road Moneta, VA, 24121	To send money via Zelle®, use this info to add the SML Walking Club bank account. 1. Payee: SMITH MOUNTAIN LAKE WALKING CLUB INC.. (all caps) 2. Zelle® Tag: smlwalkers <i>If you send your money electronically via Zelle®, please email your registration form to wanderingron@myyahoo.com</i>
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Please Sign and Date Here Acknowledging the Athletic Waiver on the Following Page: _____

Amateur Athletic Waiver and Release of Liability

In consideration of being allowed to participate in any way in American Volkssport Association (AVA) volkssporting programs and related events and activities, the undersigned:

- 1. Agrees that before or during my or my minor child's participation, if I believe anything is unsafe, I will immediately advise the event supervisor or other person in authority at the volkssporting program and the related events and activities of such conditions and refuse to participate;**
- 2. Acknowledges and fully understands that each participant will be engaging in activities that could involve risk of serious injury, including permanent disability and death and severe social and economic losses which might result not only from my own or my minor child's actions, inactions or negligence of others, or the condition of the premises, the trail or any equipment used. Further, that there may be other risks not known or not reasonably foreseeable at this time.**
- 3. Assumes all the foregoing risks and accepts personal responsibility for the damages following injury, permanent disability or death;**
- 4. Releases, waives, discharges and promises not to sue AVA, its affiliated clubs, their respective administrators, directors, agents, volunteers or employees, other participants, sponsoring agencies, sponsors, and advertisers, and, if applicable, owners and lessors of premises used to conduct the event from demands, losses or damages on account of injury, including serious injury, permanent disability, or death, or damage to property, caused or alleged to be caused in whole or in part by the negligence of any such person or organization, or otherwise.**
- 5. Members, please be aware that when you share photos, via digital image or otherwise, with AVA, such photos or images become the property of AVA and AVA, its legal representatives and assigns, retain the right and permission to publish any such photo or image in any written or electronic publication, including Checkpoint or TAW, on social media, websites or in audiovisual presentations, promotional literature, advertising or in any similar method.**

The undersigned has read the above waiver and release, understands that I have given up substantial rights by signing it and sign it voluntarily. I further understand that if I place my name on the form upon which this waiver and release is printed, that I voluntarily agree that I understand that I have given up substantial rights.

Smith Mountain Lake (SML) Info Sheet

June 30, 2026 (Final)

A. West Side of Lake. Franklin County. Westlake Moneta / Hardy.

B. East Side of Lake. Bedford County. Downtown Moneta.

CAUTION: There are two Monetas - one on each side of the Lake!

Halesford Bridge is only way to cross the Lake (SR 122 - Booker T. Washington Hwy).

Two walks are in Franklin County. State Park walk is Bedford County.

1. LODGING. Smith Mountain Lake has limited lodging. Book early. Rooms sell out quickly because of Bass Tournaments and weekend events.

DIY lodging. Good (but pricey) resort lodging on short-term rental websites (Booking.com, Airbnb, Vrbo and Vacasa) as well as travel websites (Expedia, Travelocity, [hotels.com](https://www.hotels.com), Trivago etc.)

A. West Side of the Lake. Franklin County.

Lake Inn. 45 Enterprise Lane, Hardy VA 24101. (540) 721-3383. Smllakeinn@gmail.com. Website: <https://lakeinnhardy.bookonline.com/hotel/lakeinn-hardy>. Rooms shown on website are remodeled and in main building with inside access. Spacious with microwaves and mini fridge. To get a discounted room rate, speak to General Manager Sam. Tell him exact dates and that you are with Ron Jones and SML Walking Club.

Price includes all taxes and fees. Free coffee only (no breakfast), but restaurants nearby. No charge if you cancel 48 hours in advance.

Beds	Total: 1 Night	Total: 2 Nights
2 Queens	\$100	\$200
1 King	\$100	\$200
1 Queen	\$90	\$180

Rocky Mount, Franklin County. County seat has nicer hotels such as Baymont and Holiday Inn Express, but it's a half hour away (16 mile drive).

B. East Side of the Lake. Bedford County

Halesford Harbour Resort. Booking.com, \$187 a night. Amenities— free first-come-first-serve boat slips, free boat launch and private beach. Restaurant Jake's Place, RV campground, gas station, convenience store and restaurants nearby.

Smith Mountain Lake State Park, Huddleston. If you want remote, try a cabin but they fill up quickly. https://www.dcr.virginia.gov/state-parks/smith-mountain-lake#cabins_camping/

Mariners Landing Hospitality (at Mariners Landing, Huddleston). Studio Rooms (off season) for \$99. Like a hotel room with kitchenette, plus access to the community amenities: pool, beaches, boat rental (seasonal), tennis, 2 restaurants. 4 studio rooms so reserve early. website: <https://smlvaca.com/>

2. Groceries and Restaurants

A. West Side of the Lake. Franklin County.

- Krogers (grocery)
- Mango's Bar & Grill (Burgers & casual dining)
 - Waterfront patio with live music
- Moosie's (Family Friendly)
 - Huge sandwiches
- Cancun Bar & Grill — Mexican Waterfront dining
- El Toreno Mexican - Salsa bar
- Napoli by The Lake (requires a reservation)
 - Italian & seafood
 - Waterfront dining with an upscale vibe
- Oak Oak Cafe (good for breakfast - 7 am to 2 pm only)

B. East Side of the Lake. Bedford County

- Food Lion (grocery)
- Jake's Place - Casual lakefront restaurant with outdoor deck
- Vinneys' - Italian
- Casa Toscana - Italian
- Drifters - Cystal Shores Marina
 - Seafood & American
 - Waterfront dining
- Tiff's Lakefront Restaurant (Mariners Landing)
 - Seafood & American
 - Waterfront dining
- Alessandro's Pizza (close to Smith Mountain Lake State Park)
 - Diverse menu (Italian, American, Asian)